



LIVE PHARMACOLOGY CE/CME

Pharmacology CE/CME Cruise to the Bahamas

February 14–21, 2027

Odyssey of the Seas - Bayonne, New Jersey

Join us aboard Odyssey of the Seas

15.0 contact hours of practical pharmacology education designed for healthcare professionals.

EDUCATIONAL PROGRAM

Day 1 - Monday, February 15, 2027

5.0 credit hours

2027-02-17: Hypertension Refresher, Hypertension Cash Cab, Medication Adherence, Diabetes Refresher

Dr. Sharmon P. Osae, PharmD, BCACP

At the completion of this activity, the participant will be able to:

- Hypertension Refresher—From Guidelines to Regimens: Practical Approaches to Treating Hypertension: 1. Describe current recommendations available for the treatment of hypertension. 2. Identify available medications for the treatment of hypertension. 3. Create a pharmacotherapeutic regimen given a patient with hypertension.
- Hypertension Cash Cab-Hypertension Hot Seat: Cash Cab Edition 4. Describe various facts about hypertension. 5. List available medication for the treatment of hypertension. 6. Identify appropriate treatment regimen for patient with hypertension
- Medication Adherence – Beyond the Prescription: Designing Effective Adherence Plans in the Outpatient Setting 7. Identify various reasons for medication adherence. 8. List available medication adherence tools. 9. Create a medication adherence plan given a patient case.
- Overall Diabetes Refresher – Beyond A1c: Designing Effective Pharmacotherapy Plans for Type 2 Diabetes: 10. Describe current recommendations available for the treatment of type 2 diabetes mellitus. 11. Identify available medications for the treatment of type 2 diabetes mellitus. 12. Create a pharmacotherapeutic regimen given a patient with type 2 diabetes mellitus.
- Diabetes Jeopardy—Guidelines & Glucose: Diabetes Jeopardy Challenge: 13. Describe various facts about T2DM. 14. List available medication for the treatment of T2DM. 15. Identify appropriate treatment regimen for patient with T2DM.

Day 2 - Friday, February 19, 2027

5.0 credit hours

2027-02-19: Obesity/GLP1s, Hyperlipidemia, Hyperlipidemia Jeopardy, Continuous Glucose Monitors and Glycemic Variability, Smoking Cessation

Dr. Sharmon P. Osae, PharmD, BCACP

At the completion of this activity, the participant will be able to:

- Obesity/GLP1s -Shaping a Healthier Future: Obesity Management Refresher: 1. Describe current recommendations available for the treatment of obesity. 2. Identify available medications for the treatment of obesity. 3. Create a pharmacotherapeutic regimen given a patient with obesity.
- Hyperlipidemia Jeopardy—The Great Cholesterol Challenge: Hyperlipidemia Jeopardy! : 7. Describe various facts about Hyperlipidemia. 8. List available medication for the treatment of Hyperlipidemia. 9. Identify appropriate treatment regimen for patient with Hyperlipidemia.
- Smoking Cessation—Last Puff: Supporting Patients in Quitting Smoking: 13. Describe current recommendations available for the treatment of smoking cessation. 4. Identify available medications for the treatment of smoking cessation. 15. Create a pharmacotherapeutic regimen given a patient interested in quitting smoking.
- Hyperlipidemia – From Update to Action: Applying the Latest Hyperlipidemia Guidelines in Clinical Practice: 4. Describe current recommendations available for the treatment of hyperlipidemia. 5. Identify available medications for the treatment of hyperlipidemia. 6. Create a pharmacotherapeutic regimen given a patient with hyperlipidemia.
- Continuous Glucose Monitors and Glycemic Variability—Glucose Gamechanger: CGMs and Beyond: 10. Describe current recommendations. available for the use of Continuous Glucose Monitors (CGMs). 11. List available CGMs on the market . 12. Identify a CGM for use given patient specific factors.

Day 3 - Saturday, February 20, 2027

5.0 credit hours

2027-02-20: Heart Failure Refresher, Heart Failure Who Wants to be a Millionaire, Pharmacotherapeutic Considerations for Select Special Populations,

Dr. Sharmon P. Osae, PharmD, BCACP

At the completion of this activity, the participant will be able to:

- Heart Failure Refresher – Evidence Based Treatment of Heart Failure: Recommendations & Pharmacotherapy: 1. Describe current recommendations available for the treatment of heart failure. 2. Identify available medications for the treatment of heart failure. 3. Create a pharmacotherapeutic regimen given a patient with heart failure.
- Heart Failure Who Wants to be a Millionaire—Who Wants to Treat Heart Failure? Millionaire Edition : 4. Describe various facts about heart failure. 5. List available medication for the treatment of heart failure. 6. Identify appropriate treatment regimen for patient with heart failure.
- Pharmacotherapeutic considerations for select special populations –Three Populations, One Goal: Safe & Effective Pharmacotherapy for Pediatrics, Pregnancy, and Aging Adults : 7. Describe various pharmacotherapeutic considerations for special populations of pediatrics, geriatrics, and pregnancy. Insomnia Refresher –Repairing the Broken Cycle: Treating Insomnia: 8. Describe current recommendations available for the treatment of insomnia. 9. Identify available medications for the treatment of insomnia. 10. Create a pharmacotherapeutic regimen given a patient with insomnia.
- Insomnia Cash Cab –Destination: Better Sleep; Cash Cab Insomnia Style : 11. Describe various facts about insomnia. 12. List available medication for the treatment of insomnia. 14. Identify appropriate treatment regimen for patient with insomnia.





ABOUT THIS COURSE

Earn 15 hours of live pharmacology CE/CME during a seven-night Bahamas cruise aboard Odyssey of the Seas, sailing round-trip from Cape Liberty. Three five-hour sessions on sea days cover hypertension and diabetes, cardiovascular risk reduction, and primary-care therapeutic updates.

COURSE NOTES

Conference registration and cabin reservations are separate.

ULS manages seminar registration; cabins must be booked through Continuing Education, Inc.

A refundable cabin deposit is due November 16, 2026.

VENUE AND RESERVATIONS

Ship	Odyssey of the Seas
Departure port	Cape Liberty Cruise Port — 4 Port Terminal Boulevard, Bayonne, New Jersey 07002
Room rates	Interior \$1,158.60; ocean view \$1,313.60; balcony \$1,476.10 per person, double occupancy
Reservations	1-800-926-3775
Group code	Book cabins through Continuing Education, Inc.
Book by	November 16, 2026
Taxes	Cabin prices shown include taxes and fees
Check-in / out	Departs February 14 at 4:00 PM; returns February 21 at 6:00 AM

Embarkation is at Cape Liberty Cruise Port, 4 Port Terminal Boulevard, Bayonne, NJ 07002. Follow the cruise line boarding time and travel-document instructions for your sailing.

COURSE REGISTRATION FEES

Registration	Regular
3 days - In Person	\$745
3 days - In Person	\$945
3 days - In Person	\$745
3 days - In Person	\$745
3 days - In Person	\$745

Early registration discount of \$50 through 2026-11-16.

TARGET AUDIENCE AND ACCREDITATION

Target audience:

Pharmacists, Nurse Practitioners, Physicians, Physician Assistants, Nurses

PHARMACISTS

- University Learning Systems is accredited by the [Accreditation Council for Pharmacy Education](#) (ACPE) as a provider of continuing pharmacy education.
- These programs are accredited for all pharmacists.
- This course provides 15 hours or 1.5 CEUs.
- Credit for this course expires on February 21, 2030.

NURSE PRACTITIONERS

- [American Association of Nurse Practitioners \(AANP\)](#) accepts AAFP Prescribed Credit equivalent to AMA PRA Category 1™.
- [American Nurses Credentialing Center \(ANCC\)](#): American Nurses Credentialing Center (ANCC) accepts formally approved continuing education sponsored by organizations accredited or approved by the [Accreditation Council for Pharmacy Education](#) (ACPE)

PHYSICIANS

- The [American Academy of Family Physicians \(AAFP\)](#) has reviewed Pharmacology CE/CME Cruise to the Bahamas and deemed it acceptable for up to 15 Live AAFP Prescribed credit(s). Term of Approval is from February 14, 2027 to February 21, 2027 Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- AAFP Prescribed credit is accepted by the [American Medical Association](#) as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- [American Osteopathic Association \(AOA\)](#). Continuing medical education (CME) activities approved for American Academy of Family Physicians (AAFP) credit are recognized by the American Osteopathic Association (AOA) as equivalent to AOA Category 2 credit.

PHYSICIAN ASSISTANTS

- [American Academy of Physician Assistants \(AAPA\)](#) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP

NURSES

- This course provides 15 hours (1.5 CEU)
- University Learning Systems is approved by the [California Board of Registered Nursing](#), Provider Number CEP 11409, and CE Broker Tracking #50-11357.
- University Learning Systems is approved by CE Broker for Florida, Georgia, Arkansas, District of Columbia, Georgia, New Mexico, and West Virginia, Boards of Nursing.
- The same hours submitted to renew NP certification may be submitted to a State Board of Nursing for re-licensure.

OTHER PROFESSIONS

- Some consultant pharmacist boards accept University Learning Systems courses for recertification either as is or with board approval. Please contact your board regarding course approval and ULS with any questions.
- CANADIAN PHARMACISTS:** [Canadian Council on Continuing Education in Pharmacy \(CCCEP\)](#) accepts courses accredited by the Accreditation Council for Pharmacy Education (ACPE).
- CANADIAN PHYSICIANS:** Members of the [College of Family Physicians of Canada](#) are eligible to receive up to 15 MAINPRO-M1 credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians
- Other healthcare professionals should confirm acceptance and reporting requirements with their licensing or certification board

REQUIREMENTS AND REPORTING

- University Learning Systems reports pharmacy credit through [CPE Monitor](#) using the participant's eNABPID number and date of birth.
- University Learning Systems is approved by [CE Broker](#), for pharmacy, medicine and nursing for participating states, Tracking #50-11357. Participant's state license number is required for reporting.
- Credit is based on completed evaluations for registered sessions.
- Credit is awarded per session; partial session credit is not available, and breaks are excluded.
- Other eligible participants receive an applicable statement of credit after completing the required documentation.

REGISTER ONLINE

Scan the QR code or visit the address below to select your sessions, attendance format, and payment options.

<https://www.universitylearning.com/live-pharmacology-cme/cruises/2027-02-14-bahamas-cruise/registration>

Questions? Call 1-800-940-5860 or email info@universitylearning.com.



Scan to register