



LIVE PHARMACOLOGY CE/CME

Therapeutic Highlights 2026

October 7-9, 2026

Cambria Hotel Lake Placid - Lake Placid, New York

Join us in Lake Placid or via Zoom

15.0 contact hours of practical pharmacology education designed for healthcare professionals.

EDUCATIONAL PROGRAM

Day 1 - Wednesday, October 7, 2026

5.0 credit hours

2026-10-07 Pharmacotherapeutic Treatment of GI Condition

Dr. Peter S. Buch, MD, AGAF, FACP

At the completion of this activity, the participant will be able to:

1. Define the appropriate workup for several interactive cases of acute abdominal pain.
2. Illustrate the pitfalls in making a diagnosis.
3. Identify the importance of risk factors in the development of UGI bleeding.
4. Select appropriate candidates for long term PPI therapy.
5. Review noninvasive ways of making a H pylori diagnosis.
6. Manage antibiotic therapy for Helicobacter 2024.
7. Describe the limitations of colonoscopy.
8. Recognize the importance of
9. Describe advanced endoscopic techniques that are used to evaluate GI bleeding.
10. Recognize the safe use of anti platelet and anticoagulation medications post GI bleeding.
11. State the best practices that lead to colon cancer prevention.
12. Review types of polyps and their consequences.
13. Review the pitfalls of colonoscopy screening.
14. Show reasonable alternatives to colonoscopy. Non Alcoholic Fatty Liver Disease/ Metabolic
15. Define Metabolic Dysfunction Associated Steatotic Liver Disease (MASLD) and Metabolic Dysfunction Associated Steatohepatitis (MASH).
16. Identify at risk individuals for MASLD and MASH.
17. Discuss long term and short term consequences of MASLD and MASH.
18. Identify treatment options for MASLD and MASH.

Day 2 - Thursday, October 8, 2026

5.0 credit hours

2026-10-08 The Art of Deprescribing in People with Profound Autism

Dr. Michael Cummings, MD

At the completion of this activity, the participant will be able to:

1. Discuss why individuals with profound autism have reduced access to inpatient psychiatric hospitalization.
2. Define polypharmacy.
3. Identify three reasons for polypharmacy in people with profound autism.
4. Apply deprescribing strategies to a clinical case example.
5. Define diagnostic overshadowing and evaluate factors that may contribute to it using a clinical case example.
6. Identify three common psychotropic side effects and assess how they contribute to aggression and self-injurious behaviors in people with intellectual disabilities.
7. Distinguish between affective and mood lability and describe how those differences influence treatment planning.
8. Describe the diagnostic and treatment differences of catatonia in people with and without an intellectual disability.
9. Formulate a treatment plan for an individual with profound autism and excited catatonia.

Day 3 - Friday, October 9, 2026

5.0 credit hours

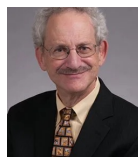
2026-10-09 Mabology 101: The Clinical Science Behind Monoclonal Antibodies

Dr. Kelly Jones, PharmD

At the completion of this activity, the participant will be able to:

1. Describe the basic pharmacology behind monoclonal antibodies.
2. Discuss how monoclonal antibodies are made.
3. Discuss the nomenclature behind naming monoclonal antibodies.
4. List examples of monoclonal antibodies and the conditions they treat.
5. Outline in STEPS format (safety, tolerability, efficacy, price, simplicity) several monoclonal antibodies (i.e., Certolizumab, denosumab, new cholesterol medications.)
6. Discuss the side effects of selected monoclonal antibodies.
7. Discuss risk factors associated with these new technologies.
8. List any general patient education.

EXPERT FACULTY



Dr. Peter S. Buch
MD, AGAF, FACP

Clinical Gastroenterologist and Educator, GI Educator



Dr. Michael Cummings
MD

Vice Chair and Assistant Professor of Psychiatry, University at Buffalo



Dr. Kelly Jones
PharmD

Board-Certified Pharmacotherapy Specialist



ABOUT THIS COURSE

This conference provides 15 contact hours of pharmacy CE and (1.5 CEU) of live AAFP/ AMA PRA Category 1 Credit™, ACPE and pharmacology CE/CME credit over three days.

IN PERSON CONFERENCE REGISTRATION: Includes workshop attendance, handouts, breakfast or refreshments during the meetings and documentation of live continuing education credit.

LIVE STREAM WEBCAST REGISTRATION: Includes live conference streaming, access to online course materials and documentation of live continuing education credit

ON DEMAND LIBRARY You can usually watch recordings of the live event.

COURSE NOTES

Each session provides five hours of credit. Advance registration ends September 7, 2026. In-person and live-stream options are available.

VENUE AND RESERVATIONS

Venue	Cambria Hotel Lake Placid
Address	Cambria Hotel Lake Placid — 2127 Saranac Avenue, Lake Placid, New York 12946
Room rates	King or two queen beds \$159/night, October 6–9
Reservations	518-302-5608
Group code	Call the hotel front desk and request the ULS group
Book by	September 6, 2026
Taxes	13%; parking and hotel Wi-Fi included
Check-in / out	4:00 PM / 11:00 AM

Near Mirror Lake, Whiteface Mountain, Olympic sites, Main Street, breweries, hiking, boating, and other Adirondack attractions.

COURSE REGISTRATION FEES

Registration	Regular
3 days - In Person	\$700
3 days - In Person	\$700
1 day - Via Zoom	\$199
2 days - Via Zoom	\$398
3 days - Via Zoom	\$550

Early registration discount of \$50 through 2026-09-07.

TARGET AUDIENCE AND ACCREDITATION

Target audience:

Pharmacists, Nurse Practitioners, Physicians, Physician Assistants, Nurses

PHARMACISTS

- University Learning Systems is accredited by the [Accreditation Council for Pharmacy Education](#) (ACPE) as a provider of continuing pharmacy education.
- These programs are accredited for all pharmacists.
- This course provides 15 hours or 1.5 CEUs.
- Credit for this course expires on October 9, 2029.

NURSE PRACTITIONERS

- [American Association of Nurse Practitioners \(AANP\)](#) accepts AAFP Prescribed Credit equivalent to AMA PRA Category 1™.
- [American Nurses Credentialing Center \(ANCC\)](#) : American Nurses Credentialing Center (ANCC) accepts formally approved continuing education sponsored by organizations accredited or approved by the [Accreditation Council for Pharmacy Education](#) (ACPE)

PHYSICIANS

- The [American Academy of Family Physicians \(AAFP\)](#) has reviewed Therapeutic Highlights 2026 and deemed it acceptable for up to 15 Live AAFP Prescribed credit(s). Term of Approval is from October 7, 2026 to October 9, 2026 Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- AAFP Prescribed credit is accepted by the [American Medical Association](#) as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1. Physicians should claim only the credit commensurate with the extent of their participation in the
- [American Osteopathic Association \(AOA\)](#). Continuing medical education (CME) activities approved for American Academy of Family Physicians (AAFP) credit are recognized by the American Osteopathic Association (AOA) as equivalent to AOA Category 2 credit.

PHYSICIAN ASSISTANTS

- [American Academy of Physician Assistants \(AAPA\)](#) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP

NURSES

- This course provides 15 hours (1.5 CEU)
- University Learning Systems is approved by the [California Board of Registered Nursing](#), Provider Number CEP 11409, and CE Broker Tracking #50-11357:
- University Learning Systems is approved by CE Broker for Florida, Georgia, Arkansas, District of Columbia, Georgia, New Mexico, and West Virginia, Boards of Nursing.
- The same hours submitted to renew NP certification may be submitted to a State Board of Nursing for re-licensure.

OTHER PROFESSIONS

- Some consultant pharmacist boards accept University Learning Systems courses for recertification either as is or with board approval. Please contact your board regarding course approval and ULS with any questions.
- CANADIAN PHARMACISTS:** [Canadian Council on Continuing Education in Pharmacy \(CCCEP\)](#) accepts courses accredited by the Accreditation Council for Pharmacy Education (ACPE).
- CANADIAN PHYSICIANS:** Members of the [College of Family Physicians of Canada](#) are eligible to receive up to 15 MAINPRO-M1 credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians
- Other healthcare professionals should confirm acceptance and reporting requirements with their licensing or certification board

REQUIREMENTS AND REPORTING

- University Learning Systems reports pharmacy credit through [CPE Monitor](#) using the participant's eNABPID number and date of birth.
- University Learning Systems is approved by [CE Broker](#), for pharmacy, medicine and nursing for participating states, Tracking #50-11357. Participant's state license number is required for reporting.
- Credit is based on completed evaluations for registered sessions.
- Credit is awarded per session; partial session credit is not available, and breaks are excluded.
- Other eligible participants receive an applicable statement of credit after completing the required documentation.

REGISTER ONLINE

Scan the QR code or visit the address below to select your sessions, attendance format, and payment options.

<https://www.universitylearning.com/live-pharmacology-cme/new-york/2026-10-lake-placid/registration>

Questions? Call 1-800-940-5860 or email info@universitylearning.com.



Scan to register