Current Treatment Strategies



15 contact hours | 3 sessions | Self-paced online

Recorded December 9–11, 2025

Educational Program & Learning Highlights

Selected objectives are shown below; complete learning objectives and accreditation details are on the course page.

Statins and Beyond: Innovations in Dyslipidemia Therapy and Cardiovascular Risk Reduction

Dr. Joseph Saseen, PharmD, FASHP, FCCP, BCPS, BCACP | 5 credit hours
ACPE UAN: 0741-0000-25-026-H01-P

- Apply recommendations from the American College of Cardiology/American Heart Association guidelines for treatment of patients with hypercholesterolemia, chronic coronary disease, and peripheral arterial disease., Apply the treatment approaches recommended in the 2018 ACC-AHA cholesterol guideline to patients with hypercholesterolemia. Interpret recommendations from the ACC Expert Consensus Decision Pathway for nonstatins and treatment of hypertriglyceridemia. Interpret the evidence and role in therapy of nonstatin medications in the treatment of hypercholesterolemia. Demonstrate the evidence and guideline recommendations supporting the use of antiplatelet and antithrombotic therapy for secondary prevention patients. Evaluate evidence-based drug therapy recommendations for the management of patients with chronic coronary disease and peripheral arterial disease. Evaluate the role of colchicine in the prevention of CV events. Create treatment plans that reduce the risk of cardiovascular disease.

Honing in on Herbal Remedies, Overcoming Obesity, and Drug Therapy Jeopardy

Dr. Christopher M. Bland, PharmD, FCCP | 5 credit hours
ACPE UAN: 0741-0000-25-030-H01-P

- Honing in on Herbal Remedies: Review of Commonly Used Agents Describe the FDA regulatory framework for determining safety, efficacy, and labeling of herbal products. Identify common herbal supplements and their potential therapeutic uses, as well as their associated adverse effects and various interactions with prescription or other over-the-counter medications. Evaluate the safety and effectiveness of herbal supplements using evidence-based resources and patient-specific factors within example cases Overcoming Obesity: Update on Current and Future Pharmacotherapy Options Describe appropriate patients who may benefit from obesity pharmacotherapy Evaluate common obesity medications with potential therapeutic uses as well as common and severe adverse reactions Identify potential future obesity medication therapies that may offer advantages over current FDA-approved agents Drug Therapy Jeopardy Identify key laboratory values and parameters for monitoring drug therapy. Describe key characteristics of common drug therapies. Identify clinical pearls from various pharmacotherapy therapies

Pressure Points: Advancing Hypertension Care and Cardiovascular Risk Reduction through Guidelines, Risk Reduction, and Emerging Therapies

Dr. Joseph Saseen, PharmD, FASHP, FCCP, BCPS, BCACP | 5 credit hours
ACPE UAN: 0741-0000-25-027-H01-P

- At the completion of this activity, the participant will be able to: Explain recommendations from the American College of Cardiology/American Heart Association guidelines for treatment of patients with hypertension. Review lifestyle modifications that are recommended for the treatment and prevention of cardiovascular disease . 3 Summarize how future cardiovascular risk is estimated in primary prevention patients using the Pooled Cohort Equations and PREVENT calculator. Formulate a care plan for patients with resistant hypertension based on the 2018 American Heart Association scientific statement. Illustrate emerging pharmacotherapies for the treatment of hypertension. Analyze guideline recommendations supporting the use of antiplatelet therapy for primary prevention patients. Examine the evidence-based CV risk reduction benefits of medications used to treat overweight and obese patients. Create treatment plans that reduce the risk of cardiovascular disease.

Meet the Faculty



Dr. Joseph Saseen
PharmD, FASHP, FCCP, BCPS, BCACP
University of Colorado Skaggs School of Pharmacy



Dr. Christopher M. Bland
PharmD, FCCP
University of Georgia College of Pharmacy

Accreditation & Continuing Education Credit

15 contact hours (1.5 CEUs) | Course fee: $250

Target audience

Pharmacists, Nurse Practitioners, Physicians, Physician Assistants, Nurses

Pharmacists

University Learning Systems is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. These programs are accredited for all pharmacists. This course provides 15 hours or 1.5 CEUs. Credit for this course expires on December 11, 2028.

Nurse practitioners

American Association of Nurse Practitioners (AANP) accepts AAFP Prescribed Credit equivalent to AMA PRA Category 1™. American Nurses Credentialing Center (ANCC) : American Nurses Credentialing Center (ANCC) accepts formally approved continuing education sponsored by organizations accredited or approved by the Accreditation Council for Pharmacy Education (ACPE)

Physicians

The American Academy of Family Physicians (AAFP) has reviewed Current Treatment Strategies and deemed it acceptable for up to 15 Live AAFP Prescribed credit(s). Term of Approval is from December 9, 2025 to December 11, 2025 Physicians should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1. Physicians should claim only the credit commensurate with the extent of their participation in the activity. American Osteopathic Association (AOA). Continuing medical education (CME) activities approved for American Academy of Family Physicians (AAFP) credit are recognized by the American Osteopathic Association (AOA) as equivalent to AOA Category 2 credit.

Physician assistants

American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP

Nurses

This course provides 15 hours (1.5 CEU) University Learning Systems is approved by the California Board of Registered Nursing, Provider Number CEP 11409, and CE Broker Tracking #50-11357: University Learning Systems is approved by CE Broker for Florida, Georgia, Arkansas, District of Columbia, Georgia, New Mexico, and West Virginia, Boards of Nursing. The same hours submitted to renew NP certification may be submitted to a State Board of Nursing for re-licensure.

Other professions

Confirm acceptance and reporting requirements with your licensing or certification board. Additional profession-specific details are on the course page.

Complete course activities and evaluations online. See the course page for full credit, reporting and access requirements.

https://www.universitylearning.com/on-demand-pharmacology-cme/nevada/2025-12-09-las-vegas

Register