

15 contact hours | 3 sessions | Self-paced online

Recorded May 19, 2026

Educational Program & Learning Highlights

Selected objectives are shown below; complete learning objectives and accreditation details are on the course page.

2026-05-19 Optimizing Drug Therapy and Avoiding Drug Injury in the Older Adult

Dr. Reamer L. Bushardt, PharmD, PA-C, DFAAPA | 5 credit hours
ACPE UAN: 0741-0000-26-009-H01-P

- Topic Optimizing Drug Therapy and Avoiding Drug Injury in the Older Adult:
- At the conclusion of this program, the participant will be able to:

2026-05-20 Current Practice Update: Opioids, Cannabinoids and Gabapentenoids for Managing Pain

Dr. Gregory L. Holmquist, PharmD, CPE | 5 credit hours
ACPE UAN: 0741-0000-26-010-H08-P

- Discuss the burden of opioid misuse and abuse on the individual and society.
- Describe the fundamental concepts of pain management, including: a) addiction; b) tolerance; c) dependency; d) hyperalgesia; e) allodynia.

2026-05-21 Anxiety and Sleep Disorders: Drug and Non-Pharmacologic Considerations, Psychopharmacotherapy in Depression and Best Practices in Chronic Kidney Disease

Dr. Reamer L. Bushardt, PharmD, PA-C, DFAAPA | 5 credit hours
ACPE UAN: 0741-0000-26-011-H01-P

- Managing Anxiety and Sleep Disorders: Drug and Non-Pharmacologic Considerations-1
- Describe signs and symptoms of common sleep and anxiety disorders with a focus on older adults.

Meet the Faculty



Dr. Reamer L. Bushardt
PharmD, PA-C, DFAAPA
MGH Institute of Health Professions



Dr. Gregory L. Holmquist
PharmD, CPE
Clinical Pharmacist and Pain Educator

Accreditation & Continuing Education Credit

15 contact hours (1.5 CEUs) | Course fee: $250

Target audience

Pharmacists, Nurse Practitioners, Physicians, Physician Assistants, Nurses

Pharmacists

University Learning Systems is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. These programs are accredited for all pharmacists. This course provides 15 hours or 1.5 CEUs. Credit for this course expires on May 19, 2029.

Nurse practitioners

American Association of Nurse Practitioners (AANP) accepts AAFP Prescribed Credit equivalent to AMA PRA Category 1™. American Nurses Credentialing Center (ANCC) : American Nurses Credentialing Center (ANCC) accepts formally approved continuing education sponsored by organizations accredited or approved by the Accreditation Council for Pharmacy Education (ACPE)

Physicians

The American Academy of Family Physicians (AAFP) has reviewed Patient Care Highlights and deemed it acceptable for up to 15 Live AAFP Prescribed credit(s). Term of Approval is from May 19, 2026 to May 19, 2026 Physicians should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1. Physicians should claim only the credit commensurate with the extent of their participation in the activity. American Osteopathic Association (AOA). Continuing medical education (CME) activities approved for American Academy of Family Physicians (AAFP) credit are recognized by the American Osteopathic Association (AOA) as equivalent to AOA Category 2 credit.

Physician assistants

American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP

Nurses

This course provides 15 hours (1.5 CEU) University Learning Systems is approved by the California Board of Registered Nursing, Provider Number CEP 11409, and CE Broker Tracking #50-11357: University Learning Systems is approved by CE Broker for Florida, Georgia, Arkansas, District of Columbia, Georgia, New Mexico, and West Virginia, Boards of Nursing. The same hours submitted to renew NP certification may be submitted to a State Board of Nursing for re-licensure.

Other professions

Confirm acceptance and reporting requirements with your licensing or certification board. Additional profession-specific details are on the course page.

Complete course activities and evaluations online. See the course page for full credit, reporting and access requirements.

https://www.universitylearning.com/on-demand-pharmacology-cme/new-york/2026-05-19-saratoga-springs

Register