VAPHS NP Pharmacology Update



16 contact hours | 10 sessions | Self-paced online

Recorded August 26, 2026

Educational Program & Learning Highlights

Selected objectives are shown below; complete learning objectives and accreditation details are on the course page.

Topic 1: Mabology 101: The Clinical Science Behind Monoclonal Antibodies

Dr. Kelly Jones, PharmD | 2 credit hours
ACPE UAN: 0741-0000-26-040-H01-P

- Describe the basic pharmacology behind monoclonal antibodies.
- List examples of monoclonal antibodies and the conditions they treat.

Topic 2: Antimicrobial Stewardship Update

Dr. Christopher M. Bland, PharmD, FCCP | 1 credit hour
ACPE UAN: 0741-0000-26-041-H01-P

- Describe best practices for prescribing antimicrobials in various patient settings
- Discuss recently approved agents as well as notable new indications for previously approved agents.

Topic 3: Current Update on GLP-1 Agonists for Obesity and Other Unique Comorbid Conditions

Dr. Christopher M. Bland, PharmD, FCCP | 1 credit hour
ACPE UAN: 0741-0000-26-042-H01-P

- Delineate key characteristics and outcome data of FDA-approved pharmacotherapy incretin options including GLP-1 agonists for obesity
- Describe other important comorbid conditions for which incretin therapies may be appropriate

Topic 4:New Drug Update

Dr. Christopher M. Bland, PharmD, FCCP | 1 credit hour
ACPE UAN: 0741-0000-26-043-H01-P

- Describe new drugs approved in the last 24 months that have the potential to impact clinical practice.
- Discuss clinical and practical pearls of each new agent where applicable compared to standard therapies.

Topic 5: Update on Adult Immunizations

Dr. C. Wayne Weart, PharmD, BCPS, FASHP | 1 credit hour
ACPE UAN: 0741-0000-26-044-H06-P

- Schedule Navigation: Apply the latest CDC Adult Immunization Schedule vs. other evidence-based recommendations to determine vaccine needs based on age, health status, and lifestyle.
- Risk Assessment: Identify specialized vaccine indications for high-risk populations, including pregnant individuals, immunocompromised patients, and older adults.

Topic 6: Parkinson’s Disease and Its Management

Dr. C. Wayne Weart, PharmD, BCPS, FASHP | 2 credit hours
ACPE UAN: 0741-0000-26-045-H01-P

- Review the pathophysiology of Parkinson’s disease.
- Recognize the motor and non-motor signs and symptoms of Parkinson's disease to understand the variability in presentation from person to person

Topic 7: Depression and Opioid Case Reviews

Dr. Reamer L. Bushardt, PharmD, PA-C, DFAAPA | 2 credit hours
ACPE UAN: 0741-0000-26-046-H08-P

- Clinical Cases. Discuss pharmacologic management options within clinical cases of patients with depression and opioid use.
- Apply best practices and guidance to clinical decision making.

Topic 8: Contraception, Emergency Contraception, Medication Abortion, and Menopause: A Pharmacotherapy Update

Dr. Rebecca Stone, Pharm.D., BCPS, BCACP, FCCP | 2 credit hours
ACPE UAN: 0741-0000-26-047-H01-P

- Summarize contraceptive updates, including Long Acting Reversible Contraceptives (LARC), and compare all available hormonal methods to support individualized, patient centered counseling.
- Explain the clinical interaction between hormonal contraceptives and GLP-1 receptor agonists and describe clinical management strategies.

Topic 9: Clinical Updates in Neuropsychiatric Pharmacotherapy

Dr. Joshua Caballero, PharmD, BCPP, FCCP | 2 credit hours
ACPE UAN: 0741-0000-26-048-H01-P

- Develop evidence-based benzodiazepine tapering strategies for patients receiving long-term benzodiazepine therapy
- Apply recent evidence and guideline updates to optimize the use of psychiatric medications in Lewy body dementia

Topic 10: Cholesterol Lowering Agents Pharmacology and the 2026 Dyslipidemia Guideline

Dr. Kyle Shapcott , PharmD | 2 credit hours
ACPE UAN: 0741-0000-26-049-H01-P

- Describe the roles and mechanisms of action of pharmacologic agents in the 2026 guideline for the management of dyslipidemia.
- Review updates to diagnostic criteria and risk stratification that influence therapeutic selection and monitoring recommendations.

Meet the Faculty



Dr. Kelly Jones
PharmD
Board-Certified Pharmacotherapy Specialist



Dr. Christopher M. Bland
PharmD, FCCP
University of Georgia College of Pharmacy



Dr. C. Wayne Weart
PharmD, BCPS, FASHP
Medical University of South Carolina



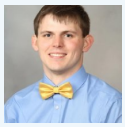
Dr. Reamer L. Bushardt
PharmD, PA-C, DFAAPA
MGH Institute of Health Professions



Dr. Rebecca Stone
Pharm.D., BCPS, BCACP, FCCP



Dr. Joshua Caballero
PharmD, BCPP, FCCP
University of Georgia College of Pharmacy



Dr. Kyle Shapcott
PharmD

Accreditation & Continuing Education Credit

16 contact hours (1.6 CEUs) | Course fee: $269

Target audience

Pharmacists, Nurse Practitioners, Physicians, Physician Assistants, Nurses

Pharmacists

University Learning Systems is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. These programs are accredited for all pharmacists. This course provides 16 hours or 1.6 CEUs. Credit for this course expires on August 26, 2029.

Nurse practitioners

American Nurses Credentialing Center (ANCC) : American Nurses Credentialing Center (ANCC) accepts formally approved continuing education sponsored by organizations accredited or approved by the Accreditation Council for Pharmacy Education (ACPE).

Physicians

American Academy of Family Physicians (AAFP) When Category 1 credit is not available this course provides for up to 16 Category 2 credit only. American Osteopathic Association (AOA). Continuing medical education (CME) activities approved for American Academy of Family Physicians (AAFP) credit are recognized by the American Osteopathic Association (AOA) as equivalent to AOA Category 2 credit. [1]

Physician assistants

American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP.

Nurses

This course provides 16 hours (1.6 CEU) University Learning Systems is approved by the California Board of Registered Nursing, Provider Number CEP 11409, and CE Broker Tracking #50-11357: University Learning Systems is approved by CE Broker for Florida, Georgia, Arkansas, District of Columbia, Georgia, New Mexico, and West Virginia, Boards of Nursing. The same hours submitted to renew NP certification may be submitted to a State Board of Nursing for re-licensure.

Other professions

Confirm acceptance and reporting requirements with your licensing or certification board. Additional profession-specific details are on the course page.

Complete course activities and evaluations online. See the course page for full credit, reporting and access requirements.

https://www.universitylearning.com/on-demand-pharmacology-cme/pennsylvania/2026-08-26-vaphs

Register